



Janice Allen Papedo

September 25, 1948 - April 8, 2025

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Janice Allen Papedo, beloved mother, grandmother, and cherished friend, passed away peacefully on Tuesday, April 8, 2025, with her daughters by her side.

Janice was born in Atlantic City, NJ, to Joseph and Roselyn Allen. She attended the University of Pennsylvania School of Nursing, beginning a lifelong career in healthcare. In her twenties, Janice moved to Colorado, where she worked as a nurse and enjoyed an active life—skiing, playing tennis, and spending time with her cousin, Mary Ellen Dalton.

In 1977, Janice met Gregory Papedo, who introduced her to California. They married in 1979 and built a life together in the Bay Area, where they raised

their two daughters.

Over more than 40 years, Janice dedicated herself to the fields of nursing, mental health, and trauma services. She earned her PhD, worked at San Francisco General Hospital, and later established a successful private practice. Her work touched many lives and reflected her deep compassion and commitment to care.

Janice was predeceased by her two brothers, Joseph and Jeffrey Allen. She is survived by her daughters, Megan Papedo Knapp (Derek) and Alexis Papedo Gasparini (Danny); her grandchildren, Gabriel and Judah Gasparini, and Gregory and John Knapp; her cousin Mary Ellen Dalton and family; her extended Papedo family; and many close friends, colleagues, and extended loved ones, including George and Kele Gasparini, their children Drew (Aly), Kasie (Jack), and Chloe, and Barbarann Knapp.

Janice was a force of nature whose kindness, intelligence, strength, wisdom and joy made a positive impact on all who knew her. Her passing is a tremendous loss, she will be greatly missed.

A service will be held at 10:00 a.m. on Wednesday, April 16th at Nativity of Christ Greek Orthodox Church, 1110 Highland Drive, Novato, followed by burial at Mt. Tamalpais Cemetery, 2500 Fifth Avenue, San Rafael.

Cemetery Details

Mt. Tamalpais Cemetery and Mortuary

2500 Fifth Ave
San Rafael, CA 94901
(415) 459-2500
info@mt-tam.com
<https://www.mt-tam.com/>

Tribute Wall

PS

“ We just learned of Janice's passing. When she was 12 years old, she was my babysitter, as we were next door neighbors in New Jersey. As a child, I knew her parents, brothers and her grandfather. We periodically reconnected after I moved to California. I got to meet Greg and the girls when they were on a vacation to San Diego. She was always a caring and beautiful soul. My elderly mother asked about Janice today, and that's when I learned of her untimely passing. Sad condolences from the Singer family.

Peter Singer - December 03, 2025 at 06:20 PM

CS

“ Janice was such a gift to the patients she worked with and the staff who were lucky enough to see her in action. She offered guidance and support without judgement, always generous with her time. Despite the very heavy work she did here at the general, her smile and laughter as she passed you by in the halls were contagious. With love and our deepest condolences to Janice's family and all those who loved her,
ZSFG Dietitians

Christine Struble - April 17, 2025 at 06:21 PM

HO

“ Jan and I worked together for many years at 'the General.' She was a highly skilled collaborator who was deeply committed to her work with adults and, especially, children. She was a careful and caring listener, genuinely interested, but expressed her thoughtful beliefs and perspective without reservation. Since my retirement, Jan, Antionette and I have had periodic lunches that have allowed me to even more thoroughly appreciate her special qualities. The overlap in our lives has been a very gratifying connection.

herbert ochitill - April 16, 2025 at 06:33 PM

JA

“ I am sorry that I can't be there today to speak about what an amazing woman our Aunt Jan was. I think I can relay for all her nieces and nephew about the first time we ever saw her in late 1970's... we were convinced she was a movie star! The most beautiful woman I ever saw. In 1986 my brother and I told our friends our aunt was working under the alias of 'Kelly McGillis' and was that beautiful actress in "Top Gun". What a catch our Uncle Greg made and he truly waited for the very best. She was an amazing woman who continued to be the most supportive sister for my mom and such a support system for my brother while he was battling his own war with brain cancer. They formed such a tight alliance and talked so very often! Cute story; while I was staying with him I would here him laughing and talking on the phone late into the night. One evening at midnight, I walked into his room and demanded, "who are you talking to so late!" and he said, "Aunt Jan... duh..." Granted it was 10pm CA time, I still was amazed at the dedication and time she gifted to my brother, because her late night talks meant the world to him. A gem who cannot be replaced, we will miss Aunt Jan. My heart is heavy today and I have no doubt that her memory will be eternal.

My love to precious Megan and Lexie, Cousin Jamie



Jamie Armatas - April 16, 2025 at 12:51 PM

LR

“ I loved how Jan would always ask about my kids. She seemed genuinely interested in how my family was doing.

Lee Rawitscher - April 16, 2025 at 11:35 AM

CB

“ Janice was one of my mentors when I joined the Psych Consult Liaison Nursing team. She and the other nurses, Antionette Griffin and Kari Hanson welcomed me and made me feel like a part of the team. All three of them were great clinicians with a great skill sets in the field of Behavioral Health. I have many good memories of Janice and the one thing I learned from her is how to assert myself and to be self assured in my skills as an advanced practice nurse. My biggest regret was that I never got to see after she retired. Farewell my dear friend and I hope that wherever you are, I hope that you are helping others as much as you have helped me.



Chad Belicena - April 15, 2025 at 11:04 PM

SH

“ My condolences to entire family and host of friends.
Janice was a very special sweet hearted genuine phenomenal lady!
I could go on and on.
We had special conversations on a regular she always gave the
best advice and even better laughs to go with them.
Janice played a very special roll with patients also with the staff, she
always made whom ever she encountered at peace very easy to
talk to and best advice just inspirational.
Her laugh and smile would light up the room, even though she had
battles like any other person she would put you first when it came to
life advice and put herself aside.
I can't say enough but good things and how much she will be
missed!
I will cherish the memories of her and they are all so precious and
positive.
Again my condolences!!

Shanda - April 15, 2025 at 08:47 PM



“ A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Janice Allen Papedo.

April 15, 2025 at 03:08 PM



“ Country Basket Blooms was purchased for the family of Janice Allen Papedo.



April 15, 2025 at 03:08 PM

YJ

“ your sister Elaine and niece Jamie purchased the Treasured Lilies Spray for the family of Janice Allen Papedo.



your sister Elaine and niece Jamie - April 15, 2025 at 12:44 PM

AG

“ In honor of Dr. Janice Allen Papedo and her work in the field of Mental health Antionette , Charlesetta and Denise made a contribution to The Suicide Prevention foundation.

Antionette Griffin - April 15, 2025 at 10:46 AM

GN

“ Gillian, Christina and ZSFG Nursing planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Janice Allen Papedo.

Gillian, Christina and ZSFG Nursing - April 15, 2025 at 12:09 AM

GN

“ Gillian, Christina and ZSFG Nursing purchased the Peaceful White Lilies Basket for the family of Janice Allen Papedo.



Gillian, Christina and ZSFG Nursing - April 15, 2025 at 12:09 AM



“ *Sentiments of Serenity Spray was purchased for the family of Janice Allen Papedo.*



April 14, 2025 at 09:43 PM



“ *Aunt June purchased the Sentiments of Serenity Spray for the family of Janice Allen Papedo.*



Aunt June - April 14, 2025 at 06:39 PM



“ *1 file added to the album from ZSFG*



Mabel Chan - April 14, 2025 at 06:22 PM



We thank Janice for all the care she provided to our pediatric patients and families at ZSFG. She was one of a kind and will be missed. Mabel Chan, ZSFG Pediatrics

Mabel Chan - April 16, 2025 at 12:22 PM



“ *Beautiful in Blue* was purchased for the family of *Janice Allen Papedo*.



April 14, 2025 at 06:15 PM